

WHAT CAN YOU **Be**?

# Be 30 HOUR FAMINE

## Be THE DIFFERENCE

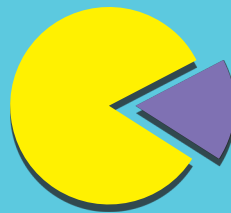
Do the **30 Hour Famine** to rehabilitate traumatized children by providing education, resources, opportunities and, most importantly, hope.



### JOHN'S STORY



When John was ten he was abducted by rebels. He was forced to become a child soldier and commit horrific acts of violence. He escaped, but every day is an emotional struggle.



**1 IN 6 CHILDREN ARE FORCED INTO CHILD LABOUR.**

Girls as young as 13 are being trafficked as "mail-order brides."

### Be SAFETY

By dedicating your Famine to Safety and you will help prevent child trafficking and restore the childhoods of sexually exploited children and child-labourers in Cambodia and India and rehabilitate former child soldiers in Uganda.

FIND VIDEOS AND MORE INFO AT [FAMINE.CA](http://FAMINE.CA)

